Fiction To Help Children Recognize and Deal With Sexual Abuse
(Please note: The suggested ages are approximate. Parents need to make choices appropriate for their children.)


*The Boy in the Off-White Hat*, by Lynn Hall, 1984, Charles Scribner’s Sons (ages 11 and up)

*I Can’t Talk About It*, by Doris Sanford, 1986, Multnomah Press (ages 8 and up)

*Margaret’s Story*, by Deborah Anderson and Martha Finne, 1986, Dillon (ages 8 and up)


*No-No the Little Seal*, by Sherri Patterson, 1986, Random House, (ages 6 and up)


*Chilly Stomach*, by J. Caines, 1986, Harper (ages 5-8)

*Gillyflower*, by E. Howard, 1986, Atheneum (ages 12 and up)

*I Like You to Make Jokes with Me, but I Don’t Want You to Touch Me*, by M. Betz, 1985, Lollipop Power (Ages 3-8)

*It’s MY Body*, by Lory Freeman, 1984 (ages 3-8); to accompany it, *Protect Your Child from Sexual Abuse: A Parent’s Guide*, by Janie Hart-Rossi (ages 1-12), both from Parenting Press

*Kentucky Daughter*, by C.J. Scott, 1985, Clarion (ages 12 and up)


*Mac*, by J. MacLean, 1987, Houghton Mifflin (ages 12 and up)

*Telling*, by M. Reynolds, 1989, Peace Venture (ages 12 and up)

*Tom Doesn’t Visit Us Anymore*, by M. Otto, 1987, Women’s, (ages 3-5)

*The Trouble with Secrets*, K. Johnsen, 1986, Parenting (ages 5-8)

*Why Me? Help for Victims of Child Sexual Abuse (Even if They Are Adults Now)*, by L. B. Daugherty, 1984, Mother Courage (ages 12 and up)
>>Other Titles

Alice on the Outside, by Phyllis Reynolds, 1999, Simon/Schuster (ages 10 and up)

The Facts Speak for Themselves, by Brock Cole, 1997, Puffin/Penguin (ages 13 and up)

I Hadn’t Meant to Tell You This, by Jacqueline Woodson, 1994, Bantam (ages 9 and up)

My Body Is Private, by Linda W. Girard, 1984, Albert Whitman (ages 4 to 6)

Night Riding, by Katherine Martin, 1989, Alfred Knopf (ages 9 and up)

Promise Not To Tell, by Carolyn Polese, 1985, Beech Tree (ages 11 and up)

Private Zone, by F.S. Dayee, 1982, Franklin (applies to ages 3-9)

The Right Touch: A Read-Aloud Story to Help Prevent Child Sexual Abuse, by Sandy Kleven, 1998, Illumination Arts (ages 6 and up)

Sometimes It’s O.K. To Tell Secrets (A Parent/Child Manual for the Protecting of Children), by Robin Lenett & Dana Barthelme, 1986, Tom Doherty (ages 5 and up)

Weeping Willow, by Ruth White, 1992, Farrar, Straus & Giroux (ages 13 and up)

When She Hollers, by Cynthia Voigt, 1994, Scholastic (ages 9 and up)

>>Guides for Parents


Laurie Tells, by Linda Lowry, 1994, Carolrhoda


“The Specter of Child Abuse in Realistic Fiction for Children,” by C. Baggett, April 1985, Catholic Library World 56

Talking to Children/Talking to Parents about Sexual Assault, by I. Loontjens, 1984, Network

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